## **International Chat Group**

## The International Center @ UCONN

McMahon Hall – 2<sup>nd</sup> floor, Hillside Rd.



## International Chat meets every other week starting 9/16/2015

Meetings happen in a comfortable living-room sharing style and cover a variety of topics, day-to-day tips about living abroad, general information and resources. Do you ever ask yourself the following

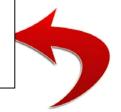
questions "How do I...? Where do I...? What does

\_\_\_\_Mean?"This is a chance for students and scholars to get answers to these questions, exchange cultural experiences, music, food, festivities and network.....

Join us!!!!

**WEDNESDAYS 3:30-4:30** 

McMahon Hall – 2<sup>nd</sup> floor **DROP-IN GROUP** 



DATE	PROPOSED TOPIC**	DISCUSSION
Sept. 16	Adjusting to life @ UCONN – how is it going?	The challenges of being away from home — different place, people & academics. Services & support.
Sept. 30	Will happen within Coffee Hour time	Who's who? Where to go? What to do? UCONN resources show & tell.
Oct. 14	Having a social life – friendships, dating & academics.	Balancing social life & academics. Cross-cultural relationships & connecting with diverse people.
Oct. 28	Dealing with challenging academics & stress	Academic support. Meeting with professors, tutors or study groups. Special needs resources
Nov. 11	HOMESICK and it's getting cold!! – missing home, family & friends.	Living away from home and making it work for you Fall/winter celebrations & holidays in USA
Nov. 25	Meeting replaced by Thanksgiving luncheon.	Must sign-up for the luncheon
Dec 2	Preparing for final exams –how am I doing??	Planning study time, study tips. Stress management & self-care strategies.
Dec. 16	End of semester – now what? Winter break plans	Preparing to travel OR to stay. Things to do, places to go.

<sup>\*</sup>Proposed topics are flexible & open to change.

For more information please contact:

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